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Press Release

Monica Lininger

The [Rocky Mountain Athletic Trainers Association \(RMATA\)](#) will award the RMATA Educator Recognition Award to Monica Lininger.

Fountain Hills, AZ April 13, 2019- The Rocky Mountain Athletic Trainers' Association (RMATA) will award the RMATA Educator Recognition Award to Monica Lininger.

Dr. Lininger is an Assistant Professor in Athletic Training at Northern Arizona University. She completed her PhD (2012) and Postdoctoral Fellowship (2014) in Measurement and Research at Western Michigan University. Her research interests include concussion reporting behaviors of collegiate student-athletes and the association of functional tests with injuries in female athletes.

Dr. Lininger has been funded by the NCAA and Department of Defense and has published numbers articles in various Journals in the sports medicine field. She was also nominated for the Most Promising New Scholar Award at NAU in 2016 was the Teacher of the Year for the College of Health and Human Services in 2018.

Dr. Lininger is a part of an interdisciplinary research team federally funded through the Department of Defense and the NCAA investigating the culture of concussion reporting in Division I football student-athletes. She is also working with other athletic training and physical therapy researchers to evaluate different injury screening tools and the ability of these tools to predict lower extremity injury.

She enjoys spending time outside hiking with her husband and two daughters, or running the many trails that Flagstaff has to offer

The Rocky Mountain Athletic Trainers' Association represents and supports members of the athletic training profession located in Arizona, Colorado, New Mexico, Utah and Wyoming. Visit www.rmata.org for more information. Please also visit www.atyourownrisk.org for information concerning athletic trainers and the services they provide.



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