



**2008 RMATA Clinical Symposium and Business Meeting  
Phoenix, AZ – May 1-4, 2008**



**On the Shoulders of Giants**

**\*\*All Sessions will be held in the Solana Ballroom E unless otherwise noted.**

Thursday, May 1st – 8.0 CEUs

- |               |                                                                                                                                            |
|---------------|--------------------------------------------------------------------------------------------------------------------------------------------|
| 7:00am-6:00pm | Registration is open                                                                                                                       |
| 8:00am-5:00pm | RMATA Board of Directors Meeting – <b><u>Asteria Executive Boardroom</u></b><br>Visitors Welcome                                           |
| 8:00am        | Welcome/Opening Remarks                                                                                                                    |
| 8:15-8:45am   | Anaphylaxis, Are You Ready?<br>Constance Larsen, MA, ATC                                                                                   |
| 8:45-9:45am   | The Utilization of Modalities to Facilitate Transdermal Drug Delivery<br>Aaron Wells, PhD, ATC & David Draper, EdD, ATC                    |
| 9:45-10:45am  | What is a Profession?<br>Gary Delforge - RMATA Hall of Fame                                                                                |
| 10:45-11:00am | Break                                                                                                                                      |
| 11:00-Noon    | Relationships in Sports<br>Lawrence E. Willock, MS, LAT, ATC and RMATA Hall of Fame                                                        |
| 11:00-11:30am | <b>WORKSHOP - Anaphylaxis – <u>Aurora A</u></b><br>Constance Larsen, MA, ATC                                                               |
| Noon-1pm      | Applying Rational Emotive Behavior Therapy in Sports Medicine<br>Scott Goldman, PhD                                                        |
| 1:00-2:30pm   | Lunch                                                                                                                                      |
| 1:00-5:00pm   | <b><i>Exhibits Open 1-5pm (1-2pm Certified Members only)</i></b><br><b><u>Solana Ballroom F, G, H, &amp; I</u></b>                         |
| 2:30-4:00pm   | Injuries Matter: Health-Related Quality of Life & Sport-related Injuries<br>Alison Snyder, PhD, AT/L, ATC & John T. Parsons, MS, AT/L, ATC |
| 3:00-3:45pm   | <b>WORKSHOP - Transdermal Drug Delivery - <u>Aurora A</u></b><br>Aaron Wells, PhD, ATC & David Draper, EdD, ATC                            |
| 4:00-4:15pm   | Break                                                                                                                                      |
| 4:00-5:00pm   | <b>WORKSHOP - Applying Rational Emotive Behavior Therapy in Sports Medicine – <u>Aurora B</u></b> Scott Goldman, PhD                       |

Thursday, May 1st (continued)

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4:15-5:00pm	High Performance Core Training Brett Fischer, PT, ATC, CSCS
5:00-6:00pm	Preventing Injuries and Improve your Athletes' Performance through Correct Posture and Body Mechanics Terry Roach, MEd
6:00-7:00pm	State Meetings Arizona – Solana Ballroom E Utah – Aurora A Colorado – Aurora B New Mexico – Aurora C Wyoming – Asteria Executive Boardroom
8:00-9:30pm	Educator's Meeting (Moderator: Debbie Craig)

Friday, May 2nd, 7.75 CEUs

**\*\*All Sessions will be held in the Solana Ballroom E unless otherwise noted.**

- 7:30am-5:30pm Registration is open
- 8:00am-5:00pm RMATA Board of Directors Meeting – **Asteria Executive Boardroom**  
Visitors Welcome
- 8:00am-5:00pm Professional Rescuer CPR/AED Challenge - **Aurora C**  
Sign up for a 1.5 hour timeslot at the registration desk (\$20)  
**MUST BRING OR PURCHASE POCKET MASK!!**  
(Face shields are NOT adequate.)
- 8:00-9:00am The Effectiveness of Training Programs in Preventing Lower Extremity Injuries  
Tamara Valovich McLeod, PhD, ATC
- 8:00-9:00am **WORKSHOP – Otolaryngology/Ophthalmology: Proficiencies into Practice – Aurora A**  
Christine O'Dell
- 9:00-4:00pm Exhibits Open 9-11:45, 1-4 (Closed for lunch)  
**Solana Ballroom F, G, H, & I**
- 9:00-10:00am Ankle Instability: Management and Rehabilitation Strategies  
Ty Hopkins, PhD, ATC, FACSM
- 9:00-10:00am **WORKSHOP - Military Academy Athletic Training: Perspectives from Air Force, Army and Navy – Aurora B**  
Sheri Lampin, M.Ed., ATC; Jennifer Huff, MA, ATC; Gregg Calhoon, MS, ATC, CSCS
- 10:00-11:00am **WORKSHOP - The Effectiveness of Training Programs in Preventing Lower Extremity Injuries – Aurora A**  
Tamara Valovich McLeod, PhD, ATC
- 10:00-10:30am Break - Visit Exhibits  
**Solana Ballroom F, G, H, & I**
- 10:30-11:00am Demographic Trends in Athletic Training  
Mike Diede, PhD, ATC
- 11:00-11:45am Education of the Athletic Trainer  
Earlene Durrant - RMATA Hall of Fame
- 11:00-12:30pm **WORKSHOP – Posture and Body Mechanics – Aurora B**  
Terry Roach, MEd
- 11:45am-1:00pm Lunch
- Noon-5pm Student Sessions – **Aurora B**
- 1:00-2:00pm Diabetes – NATA Position Statement  
Carolyn C. Jimenez, Ph.D., ATC
- 1:00-4:00pm **WORKSHOP – Swiss Balls and Foam Rolls for Rehabilitation – Aurora A** (\$40)  
Brian & Lynn Robinson, MS, LAT, ATC

Friday, May 2<sup>nd</sup> (continued)

**\*\*All Sessions will be held in the Solana Ballroom E unless otherwise noted.**

- 2:00-3:00pm            Graft Options for ACL Reconstruction: Make your choice!  
P. Dean Cummings, MD
- 3:00-4:00pm            Snack Break in Exhibit Hall (Exhibits close at 4pm)  
**Solana Ballroom F, G, H, & I**
- 3:30-4:15pm            Free Communications - Poster Presentations  
Authors Available for Question/Answer
- 4:15-5:00pm            **WORKSHOP – Lacrosse Equipment Removal – Aurora A**  
Theresa Delano MA, ATC
- 4:15-5:30pm            Free Communications - Oral Presentations (Moderator: Ty Hopkins)
- 4:15-4:30pm            Health-Related Quality of Life is Affected by Recent Injury in Adolescents  
Tamara Valovich McLeod, PhD, ATC
- 4:30-4:45pm            Cross-Sectional Study of the Health-Related Quality of Life Using the Medical  
Outcomes Short Form in an Adolescent Population  
Jessica Martinez, ATC
- 4:45-5:00pm            Kevin C. Miller, MS, ATC, LAT, CSCS  
The Effects of Pickle Juice, Gatorade, and Water Ingestion on Plasma Variables in Rested,  
Euhydrated Humans
- 5:00-5:15pm            The Influence of a Professional Baseball Short Season on Patient-Reported Scores  
on the Disabilities of the Arm, Shoulder, and Hand Outcome Instrument  
Alison R. Snyder, PhD, ATC
- 5:15-5:30pm            Cross-Sectional Study of the Health-Related Quality of Life Using the Pediatric  
Data Collection Instrument in an Adolescent Population  
Jennifer Teeters, MS, ATC
- 5:30pm                    Adjourn for the day
- 6:30-10pm                Student Social

Saturday, May 3rd – 8.0 CEUs

**\*\*All Sessions will be held in the Solana Ballroom E unless otherwise noted.**

- 7:30am-5:00pm Registration is open
- 8:00am-Noon **WORKSHOP - NATA SSATC/COE Secondary School Employment Workshop  
Aurora A (\$45) (Moderator: Mary K. Kirkland, MS, ATC, LAT, CSCS)**
- Utilizing value models to demonstrate your worth*  
Linda Fabrizio Mazzoli, MS, ATC, PTA, PES
- How to utilize PR & marketing skills to highlight your programs effectiveness*  
Tony Fitzpatrick, MA, LAT, ATC
- How to use data and research to improve or change your employment situation*  
Mike Carroll M Ed, LAT, ATC
- A convincing argument for increasing your staff*  
Brian Robinson, MS, LAT, ATC
- Strategies for presenting at a school board meeting*  
Tanya Dargusch, ATC, ATR
- Panel Discussion & Networking*
- 8:00am-Noon and 1:00-5:00pm **WORKSHOP - Leadership Training Aurora B**  
Speakers TBA
- 8:00-9:00am **WORKSHOP – Aquatic Therapy – Pool**  
***Wear a bathing suit!***  
Speakers TBA  
**Sponsored by: Hydroworx**
- 8:00-9:00am The Female Athlete Triad - Tracking a College Runner  
Karen Hostetter, PhD, LAT, ATC
- 9:00-10:00am Weight Loss Strategies for Athletes  
Julie Hansen, MS, RD, CD
- 9:00-10:30am **WORKSHOP - Traversing the Digital Divide in Athletic Training Education:  
Implications for Athletic Training Educators – Aurora C (\$10)**  
**You will need to bring a laptop containing a wireless card to participate fully.**  
Steve Cernohous, EdD, ATC, LAT
- 10:00-10:15am Break
- 10:15-11:00am Concussion Assessment and Management Considerations in the Pediatric Athlete  
Tamara Valovich McLeod, PhD, ATC
- 11:00-11:30am Vendor Raffle – must be present to win
- 11:30am-1:00pm LUNCHEON/RMATA Business Meeting/NATA Update - Free Box Lunches!
- 1:00-2:00pm Implementing a Community Wide Concussion Assessment and Treatment Protocol  
– Secondary School Implications Dr. Mickey Collins
- 2:00-3:00pm Involvement  
Scott Linaker - RMATA Hall of Fame

Saturday, May 3rd (continued)

**\*\*All Sessions will be held in the Solana Ballroom E unless otherwise noted.**

3:00-3:15pm	Break
3:00-5:00pm	<b>WORKSHOP - Implementing a Community Wide Concussion Assessment and Treatment Protocol – Secondary School Implications <u>Aurora A</u></b> Bart Peterson, MS, ATC; Randy Cohen, PT, ATC; Don Porter, MD
3:15-4:15pm	Current Research on the Etiology of Medial Tibial Stress Syndrome Debbie Craig, PhD, LAT, ATC
4:15-5:00pm	The Role of Research in Athletic Training Ken Knight, PhD, ATC
5:00pm	Adjourn for the day
6:00pm	Awards Dinner – <b><u>Cira Ballroom</u></b> (\$5) Keynote Speaker: TBA

Sunday, May 4th – 3.0 CEUs

**\*\*All Sessions will be held in the Solana Ballroom E unless otherwise noted.**

7:30am-10:00am	Registration is open <b>MUST have CEU card stamped by 10:00am!!</b>
8:00-9:15am	RMATA Townhall Meeting Moderators: Lisa Walker - RMATA President and Matt Webber - District 7 Director <u>Panel Members:</u> RMATA Hall of Fame Members Jerry Diehl – Board of Certification Board of Directors Ken Knight, PhD, ATC – NATA Education Council Chair
9:15-10:15am	Development of School District Wide Athletic Trainer Guidelines Chris Mathewson, ATC
10:15-10:30am	Break
10:30-11:30am	Tendinosis or Tendinitis? Jeffrey Smithers, MD
11:30-12:30pm	The Neurology of Muscle Cramps Kevin Miller, MS, LAT, ATC, CSCS
12:30pm	Adjourn